

Clear Liquid Diet – A Visual Guide

Use this visual guide to help you decide what you can and cannot eat/drink to prior to your procedure:

Eat These Foods	Skip These Foods
 <p>Water, sports drinks</p>	 <p>Any solid foods</p>
<p>Apple juice and other juices without pulp</p> 	<p>Broth, apple sauce, or other soft foods</p> 
 <p>Black coffee or tea without cream</p>	 <p>Orange juice or other juices with pulp</p>
<p>Popsicles without fruit or yogurt</p> 	<p>Milk and other dairy products</p> 

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Anesthesia Services

When applicable, our anesthesia services are provided by Emerald Valley Anesthesia, LLC. We invite you to learn more through their website. If you are paying out-of-pocket for your anesthesia costs, please visit www.emeraldvalleyanesthesia.com to make your secure payment PRIOR to your arrival at the facility. Anesthesia services may not be provided if cash payments are not made in advance.

Thank you!