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SUPPLEMENTS TO STOP 7 DAYS PRIOR TO PROCEDURE

**When taken daily or in large amounts, the following supplements can increase bleeding.

Angelica Root	Echinacea	Papain
Arnica	Ephedra	Parsley
Anise	Feverfew	Passionflower
Asafetida	Fenugreek	Poplar
Bogbean	Goldenseal	Quassia
Borage Seed Oil	Garlic	Red Clover
Bromelain	Ginger	Skullcap
Chamomile	Ginko Biloba	St. Johns Wart
Capsicum	Ginseng	Turmeric
Cayenne	Horse Chestnut	Valerian
Celery	Kava Kava	Vitamin C
Cinnamon	Licorice Root	Vitamin E
Clove	Lovage Root	Willow Bark
Darshen	Meadosweet	
Devils Claw	Nattokinase	
Dong Quai	Omega -3 (Fish Oil)	

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