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PRE ADMISSION INSTRUCTIONS

1. Bring insurance card and ID to the surgery center
2. Instruct pt to not bring any valuables and to leave all jewelry at home.
3. NPO includes water, gum, mints, hard candy and sips of anything.
4. Bring your back brace if you have one.
5. Do you have sleep apnea or use CPAP?
6. Do you take any blood thinners?
IF YES
 - Inform patient that prescription blood thinners can only be stopped by the prescribing physician.
 - If BTC in place, inform pt of their blood thinner instructions.
7. Instruct pt to stop taking any anti-inflammatories like ibuprofen, Advil, Aleve, Celebrex and all supplements including turmeric and fish oil for 5 days prior to your procedure.
8. Diabetic patients: If taking insulin, take half of your normal dose the day of the procedure.
9. Instruct pt to take all other regular medications as prescribed with sips of water no later than 2hrs prior to check in.
10. Instruct pt that if they take pain medication on a regular basis, they may continue to take them on the day of the procedure with sips of water.
11. Does the pt have a spinal cord stimulator device/implant? If so, remind them to please bring the remote with them to their procedure.
12. Is the pt currently taking antibiotics? Ok if they are on chronic antibiotics for prevention.

IF YES

- Why are they taking them?
- When did they start?
- When are they finished?

*Please review with nursing before proceeding.

NPO – No liquids for 4hrs prior to arrival. No solids (milk is included in this) 8hrs prior to arrival.

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